I have been medically isolated in my low-income studio apartment since 2020.

During the last five years people inside and outside of my building have taken advantage and terrorized me.

The building was designed to give supportive services and I feel it has been sabotaged. Current management is trying again to evict me - despite being well aware of my situation and resident services being paid $50,000 a year to help keep people housed.

Do I need to tell my life story repeatedly to "earn" the right to exist? No. Human rights are not given nor revoked. They are inherent and inalienable. Forcing me to live through hell just to say this is also cruel and genocidal. This is the 21st century and we should all be able to live as long and as well as Jeanne Calment and Gregoris Tsahas: over the age of 100.

I have no other home and nowhere else to go. Becoming unhoused after five years of isolation will likely kill me, if the unknown people who have been stalking me don't. Authorities assigned to my street seem to be participating. I have no one to call for help. It all feels like a scam - possibly to ruin Portland by having given me a deliberately bad experience. I'm not sure I ever really got to live here even though I moved here in 2012 and have lived in this apartment since 2015.

I have written multiple times to everyone I can - federal, state, and local officials.

I believe my internet communications have been sabotaged as well. I have streamed a peaceful protest every day and a website called twitch tracker shows that I had no activity recorded for most of the last year despite streaming every day. How else was I supposed to find an income or ask for donations or try to sell my art and music?

I am surviving under duress and have become unable to physically function like I did before 2020. I have applied for disability assistance multiple times. I did not make the lottery for section 8. My PTSD has been made significantly worse by the people harassing me on a daily basis, doing things to be deliberately hurtful that were never such severe problems before - like gassing my unit with chemicals, banging on my walls and ceiling so hard it feels like being beaten up, or attacking the building with weaponized sound.

I just found out yesterday that there was a measure [118] on the November 2024 ballot that would have given people a universal basic income. My neighbors inside the building have been trying to provoke me if I leave the unit and I have not been able to vote. That measure [118] or something like it could have easily saved my life if it had passed. I think individuals could stop carrying the burden of tax entirely and large corporations could easily pool corporate taxes into a compound interest account, the interest alone providing more than enough as it grows exponentially to pay for everyone's basic needs - even on a global scale. Money is not the problem. Flawed humans playing god are gatekeeping resources for their family, friends, favorites, and obedient followers. This is wrong. This has always been wrong.

This is some form of social murder and it seems everything since 2020 has been part of a global human rights violation on a genocidal level. Universal human rights were established 77 years ago and I no longer trust anyone who claims to be on the side of progress or humanity who is not actively upholding and improving those 30 rights - which include housing, healthcare, education, food, clothes, the cultivation of one's personality, and even internet as it is the only place where we can establish and fulfill these rights for all people all the time. Please do not let people die for a convenient story. The truth doesn't change based on what you wanted it to say no matter who writes the history books. Intelligent people will always figure it out eventually, and if you won't let humanity evolve, what's the point? No one was born just to be a servant to anyone else. I refuse to fight, to beg, to die, or to be used.

Universal human rights or everything is bullshit. ✨

Laura L. Gamari

In favor of stopping sweeps, stopping evictions into homelessness or positions of exploitation, stopping social murder and allocating money for upholding universal human rights and directly fulfilling human needs to allow people to live as independently as possible. Intersectional solidarity ✨

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